



How to complete your facilitator training

Group facilitators are the heartbeat of My Quiet Cave, essential to bringing purpose and vitality to every single group experience. That's why we provide a simple yet comprehensive training program and connect you with ongoing guidance and support.

NOTE: Remember to complete your [Facilitator Interest Form](#) before starting your training.

|| PART 1: Self-paced Facilitator Training Course

This online course should take less than two hours to complete. You can stop anytime and come back, just be sure to save your progress (see below).

1. Log into your [My Quiet Cave Online](#) account
2. Click on Resources at the top of the page
3. Click on the "My Quiet Cave Facilitator Training" course to enroll
4. There are currently three modules (sections) you must complete for training
5. Start at the top and work your way down the lessons
6. Click on each lesson to open it
7. Read the notes on each lesson; look for embedded links
8. Always click **COMPLETE & CONTINUE** to save your progress

|| PART 2: Experiential Group Training via Zoom ([Register here](#))

|| PART 3: Faith-based Suicide Prevention Training via Zoom ([Register here](#))

All Zoom meetings take place directly in My Quiet Cave Online; you do not need a separate Zoom account to join. Once you have completed your training and signed the electronic Facilitator Agreement form, our team will update your status to Approved Facilitator in My Quiet Cave Online and continue to provide support as you facilitate your group.

Questions? Please contact Heather Phipps at:
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