



**IN AN EMERGENCY DIAL 911!**

**CO CRISIS SERVICES HELPLINE (24/7).....844-493-8255**

**NATIONAL SUICIDE PREVENTION LIFELINE (24/7).....800-273-8255**

<b>PSYCHIATRISTS/ PRESCRIBING PHYSICIANS</b>	Elizabeth Stevens, D.O.	555-555-5555	15% discount for Veterans
	CO Psychiatry Center	555-555-5555	3 locations
<b>MENTAL HEALTH THERAPISTS</b>	Ryan Taylor, LCSW	555-555-5555	Sliding scale fees
	BridgeHope Counseling	555-555-5555	Sliding scales & takes Medicaid
<b>SPECIALTY THERAPISTS</b>	Joannie DeBrito, LMFT	555-555-5555	Couples & Family
	Don Brown, LPC,	555-555-5555	Teen & Adolescent
<b>MENTAL HEALTH PROFESSIONALS IN OUR CHURCH</b>	Becca Frank, LPC	555-555-5555	Runs our MH support groups
	Evan Stewart, LPC	555-555-5555	Addictions Counselor
<b>COMMUNITY RESOURCES</b>	Jefferson Center for Mental Health	555-555-5555	Counseling, groups & education
	Mom to Mom	555-555-5555	Support for moms with MH struggles
<b>NATIONAL RESOURCES</b>	NAMI	<a href="http://nami.org">nami.org</a>	Education & resources
	National Center for PTSD	<a href="http://ptsd.va.gov">ptsd.va.gov</a>	24/7 helpline & resources
<b>MENTAL HEALTH MINISTRIES</b>	Fresh Hope	<a href="http://freshhope.us">freshhope.us</a>	Long-term groups
	My Quiet Cave	<a href="http://myquietcave.org">myquietcave.org</a>	Groups, education, resources

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